

# PUBLIC SERVICE ANNOUNCEMENT

For immediate release: April 7, 2020

## PHYSICAL DISTANCING STILL IN AFFECT OVER EASTER

NORTH BAY, ON – With Easter days away the North Bay Parry Sound District Health Unit (Health Unit) is reminding the public that physical distancing is still required. The Health Unit asks you to keep your Easter activities, egg hunts and family meals to individuals who live in your same home. The Health Unit strongly recommends connecting with family and friends in different ways such as over voice or video calls and not in person.

If you are a returning traveller from outside of Canada and fall under the Quarantine Act, or if you have tested positive for COVID-19 you are not allowed to go outside of your home except to seek medical attention. Please ask others to pick-up groceries and other essentials for you in preparation for the Easter weekend.

For more information on COVID-19 visit [myhealthunit.ca/COVID-19](https://myhealthunit.ca/COVID-19).

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### Media Inquiries:

Alex McDermid, Public Relations Specialist

P: 705-474-1400, ext. 5221 or 1-800-563-2808

E: [communications@healthunit.ca](mailto:communications@healthunit.ca)